



PCAN 1-DAY ENCOUNTER
Sunday 12th February 2023, 11am-5pm,
at Bedford House Hall, Buckhurst Hill, IG9 5NW

PCAN, with the North East London PCA Local Group, will host a Person-Centred Encounter group for PCA practitioners, trainees and anyone committed to the Person-Centred Approach, on Sunday 12th February, at Bedford House, Buckhurst Hill.

Bedford House (BH) is situated a 5-10 minute (uphill) walk from Buckhurst Hill underground station (Central Line). Buckhurst Hill is a 15-20 minute drive from junction 26 on the M25, through Epping Forest.

PCAN (Person-Centred Approach Network) has been organising encounter groups for more than 45 years. PCAN is a non-profit making organisation, and exists to provide opportunities for people to experience temporary Person-Centred Communities. The gatherings are not led or facilitated and have no formal structure. There is a commitment to creating an environment of the Core Conditions: where individuals are accepted and valued, where we each strive for empathy and authenticity. Since there is no person 'in charge', each member of the group is able to take personal responsibility. It is an opportunity for self-exploration of, for example, your relationship with your own personal power. The gatherings can be challenging, exciting, energising, risky and deeply moving.

The organisers have some responsibility for ensuring that arrangements go smoothly, but they are not facilitators. We ask each person to be responsible for her/himself. We also ask each member of the community to contribute as far as they are able towards the 'duty of care', to themselves and other participants.

Charge for the day will be £35, which includes refreshments; bring something to share for lunch (or bring your own lunch if desired).

Bank transfers are preferred. PCAN Account no. 065196289;
Sort code: 08-92-99

Cheques will be accepted - post along with application form to: Sara Callen, 7 Albert Terrace, Buckhurst Hill, Essex, IG9 6DU.
All payments will be receipted.

Enquiries: saracallen@hotmail.com; tel: 07774 404983

Application Form:

Name:

Address:

Email address:

Contact phone number:

Date:

Bank transfer date:

Any other information:

Additional information on the PCAN website (www.pcan.info), and PCAN Facebook page